

CURRICULUM VITAE

Name: Nancy Worcester

Address: _____

EDUCATION

PhD in Nutrition (confirmed 1976), University of London, Queen Elizabeth College Nutrition Department, London, England.

PhD Thesis: "The Influence of Carbohydrates and Other Dietary Components on Experimental Atherosclerosis in Laboratory Animals"

BS Education, cum laude, in Nutrition, 1968 and Teaching Certificate to teach general science, chemistry, biology, and home economics, from Framingham State College, Framingham, Massachusetts.

EMPLOYMENT RECORD

July, 1997 - present = Associate Professor in Women's Studies and Continuing Studies, University of Wisconsin-Madison (joint appointment between the Women's Studies Program and Division of Continuing Studies' Department of Professional and Applied Studies)

In this position, I teach Women's Studies 103 (Women and Their Bodies in Health and Disease, a three credit natural science course) three times a year, to 320-400 students/semester in the spring and fall and 40 students for summer school, coordinate and serve as the key trainer for the Wisconsin Domestic Violence Training Project for School and Health Personnel, and organize and teach a wide range of Women's Studies activities throughout Wisconsin.

August, 1993 - July, 1997:

Distinguished Outreach Specialist

(Joint appointment between UW-Madison Division of Continuing Studies Department of Liberal Studies/Governmental Affairs and the UW-Madison Women's Studies Program.)

September, 1990 - August, 1993:

Senior Outreach Specialist

see Distinguished Outreach Specialist, above, for details

January, 1984 - September 1990:

Lecturer in UW-Madison Women's Studies Program (40% appointment) "Rolling Horizon" appointment as of August, 1988. (Faculty Assistant for one semester, fall 1994.)

July, 1985 - May, 1989:

State Education Coordinator for the Wisconsin Coalition Against Domestic Violence, Madison, Wisconsin, 20 hours/week.

September, 1983 - July, 1985:

Freelance writer and speaker (full or part time)

September, 1977 - August, 1983:

Head of Department, Department of Home and Community Studies, Richmond Adult College, Richmond, Surrey, England. (As Head of Department at Britain's second largest adult education center. I was responsible for organizing, developing, supervising, and evaluating all the work of a large department which offered 400 courses per year. I was responsible for a team of six full-time organizing tutors, 125 part-time teachers, and the Playgroup Leader. I was responsible for all the budgeting, allocation of resources, regular reports to the Board of Governors and funding bodies, organizing time tables and room allocations [in over 40 centers], publicity, and for

organizing clerical work for the department. I hired my own part-time teachers and was involved in their training. I regularly participated in college committees and was a permanent part of the in-service teaching team. Throughout my time at RAC, I represented the college at at least two national conferences each year and I represented the British National Institute of Adult Education at an international adult education conference in Paris, France.) In this position, I developed women's studies programming and established Richmond Adult College as a key place offering women's studies programs and conferences.

January, 1977 - September, 1977:

Lecturer in Food and Nutrition, Richmond Adult College, Richmond, Surrey, England.

April, 1974 - December, 1976:

Post-doctoral Research Fellow in the Biochemistry Department, Royal Free Hospital Medical School, London, England. Research on diet and heart disease and some medical school lectures.

August, 1969 - December, 1970:

Analytical Chemist for Syntex Pharmaceutical Company, Palo Alto, California.

June, 1968 - June, 1969:

Research Home Economist (nutrition research and product development) for Corn Products Food Technology Institute, Waltham, Massachusetts.

SPECIAL HONORS AND AWARDS

1992 - Awarded National University Continuing Education Association first place recognition award for long-term programming for women, for the Wisconsin Domestic Violence Training Project.

1993 - awarded "Distinguished" prefix, as Senior Outreach Specialist, UW-Madison.

1995 - The Wisconsin Domestic Violence Training Project (founded by Worcester) was chosen as one of ten projects nationally to be featured in the "State of the Art Health Care Response Manual" produced by the Family Violence Prevention Fund (San Francisco) and the Pennsylvania Coalition Against Domestic Violence.

1998 - awarded "Outstanding Achievement in Domestic Abuse Issues" award by the Governor's Council on Domestic Abuse.

1999 - The Wisconsin Coalition Against Domestic Violence's statewide awards for outstanding contributions to (non criminal justice) systems work were named the "Nancy Worcester awards."

PUBLICATIONS AT UW-MADISON

BOOKS

Worcester, Nancy and Whatley, Mariamne H. (eds), 1988, Women's Health: Readings on Social, Economic and Political Issues, Dubuque, Iowa: Kendall Hunt Publishing Company.

Book contains these previously unpublished articles by Worcester: "Women and Food," "The Obesity of the Food Industry," "Fatphobia," and "Mental Health Issues Related to Dieting"

Worcester, Nancy and Whatley, Mariamne H. (eds), 1994, Women's Health: Readings on Social, Economic and Political Issues, Second (totally revised) Edition, Dubuque, Iowa: Kendall Hunt Publishing Company.

Book contains these previously unpublished articles by Worcester: "Ideas for Work on Anti-Racism and Diversity Issues in a Women's Health Course" and "Nourishing Ourselves: Women and Food"

Worcester, Nancy and Whatley, Mariamne H. (eds), 2000, Women's Health: Readings on Social, Economic and Political Issues, Third (totally revised) Edition, Dubuque, Iowa: Kendall Hunt Publishing Company.

Book contains this previously unpublished article by Worcester and Mariamne H. Whatley: "More Selling of HRT: Still Playing on the Fear Factor"

National Women's Health Writing Group (Adriane Fugh-Berman, Cindy Pearson, Mariamne Whatley, Nancy Worcester, and Jane Sprague Zones), 2000, Taking Hormones and Women's Health: Choices, Risks, and Benefits, published by the National Women's Health Network, Washington D.C.

National Women's Health Network Writing Group (Cynthia Pearson, Amy Alina, Adriane Fugh-Berman, Jane Zones, Nancy Worcester, Mariamne Whatley, and Charlea Massion), 2002, The Truth about Hormone Therapy: Breaking Free of the Medical Myths of Menopause, Prima Press, Rosedale, CA.

CHAPTERS, ARTICLES, ENCYCLOPEDIA ENTRIES and COURSE GUIDE

Worcester, Nancy, 1985, "Nicaragua - As Viewed Through the Health Services" in Health and Medicine - Journal of the Health and Medicine Policy Research Group (Chicago), spring, pp. 20, 22-25.

Worcester, Nancy, 1987, "It's Time for a National Health Service" in (National Women's Health Network's) Network News, July/August, p.3.

Whatley, Mariamne H. and Worcester, Nancy, 1987, "Technology and Cooptation - Osteoporosis Screening and Women's Health" in Science for the People, Vol. 19, No. 4, (July/August), pp. 13-18. (Excerpted prepublication from publication # 13.)

Worcester, Nancy, 1987, "October is Domestic Violence Awareness Month" in (National Women's Health Network's) Network News, September/October, pp. 1 & 5.

Worcester, Nancy, 1987, "It All Started in a Cardboard Box - History of the Women's Health Information Centre, England" and "New Resources from England" in (National Women's Health Network's) Network News, November/December, p. 5.

Worcester, Nancy and Whatley, Mariamne H., 1988, "The Response of the Health Care System to the Women's Health Movement: The Selling of Women's Health Centers" in Rosser, Sue V. Feminism Within the Science and Health Care Professions: Overcoming Resistance, Oxford: Pergamon Press, pp. 117-130.

Trudell, Bonnie, Whatley, Mariamne H., and Worcester, Nancy, 1988, "Our Bodies, Their Bars: Teaching Women's Health in Prison" in Proceedings of College Programs Behind Bars: Models for Higher Education Conference, University of Wisconsin Centers, 1988.

Worcester, Nancy, 1988, "Women's Health: Moving into a New Decade" in (National Women's Health Network's) Network News, March/April, p. 4.

Worcester, Nancy, 1988, "Insurance: It's Time for a Real Change" in (National Women's Health Network's) Network News, May/June, p. 3.

Worcester, Nancy, 1988, "Exploring the Complexities of Working on Children's Issues" in Wisconsin Coalition Against Domestic Violence Newsletter, December.

Whatley, Mariamne H., and Worcester, Nancy, 1989, "The Role of Technology in the Cooptation of the Women's Health Movement: The Case Study of Osteoporosis and Breast Cancer Screening" in Ratcliff, Kathryn S. Healing Technology: Feminist Perspectives, University of Michigan Press, pp. 199-220.

Worcester, Nancy, 1989, "Women and Food and Eating Disorders," pp. 146-148, "The Women's Health Movement," pp. 170-171, "Menopause," pp. 229-230, and "Osteoporosis," p. 262, in Tierney, Helen Women's Studies Encyclopedia Volume I. Views from the Sciences, New York: Greenwood Press. Material updated in 1998 for the second edition of this publication, now available by CD Rom.

Worcester, Nancy, 1989, "Strange Bedfellows See Need for a National Health Service" in (National Women's Health Network's) Network News, January/February, pp. 1-3.

Worcester, Nancy, 1992, "The Unique Role Health Workers Can Play in Recognizing and Responding to Battered Women" and "Resources for Health Workers on Recognition and Treatment of Battered Women" in (National Women's Health Network's) Network News, March/April, pp. 1, 4-6. Reprinted as "The Role of Health Care Workers in Responding to Battered Women" and "Resources for Learning More About Domestic Violence" in * Wisconsin Medical Journal vol. 6 (June), 1992, pp. 9-11 + 14. Reprinted in the Wisconsin Coalition Against Domestic Violence Newsletter, Volume 12, #1, March 1993, pp. 1-4. Rewritten and published as "The Essential Role Nurses Can Play in Recognizing and Responding to Battered Women" in NURSINGmatters (Wisconsin edition), Volume 4, #9, September, 1993, pp. 16-17. Updated and edited as "Barriers or Bridges" and "Resources for Improving Health System Services to Battered Women" in the National Coalition Against Domestic Violence's NCADV Voice, winter, 1994, pp. 13-14, and pp. 17, 19. Reprinted as "The Role of Health Care Workers in Responding to Battered Women" in The Journal of Naturopathic Medicine, Volume 7, # 1, winter, 1997, pp. 119-121. Article is a regular component of training packets for health workers.

Worcester, Nancy and Whatley, Mariamne H., 1992, "The Selling of HRT: Playing on the Fear Factor" in Feminist Review (England) vol. 41, summer, pp. 1-26.

Worcester, Nancy, 1993, "A More Hidden Crime: Adolescent Battered Women" in National Women's Health Network's Network News, July/August. Reprinted as "A Hidden Crime: Battered Adolescents" in the National Network of Runaway and Youth Services Network News, fall, 1993, pp. 8-10. Reprinted in the Loudoun Abused Women's Shelter Newsletter (Leesburg, Virginia), Volume 9, # 1, September, 1993, pp. 2-5. Reprinted in the Wisconsin Coalition Against Sexual Assault's Connections, July, 1994. Reprinted in the Kenosha (WI) Hospital Based Domestic Violence project's The Advocate, fall, 1994. Reprinted in the curriculum guide for Love in a Pumpkin Shell dating violence video produced by NEWIST/CESA # 7, Green Bay, WI., 1995. Reprinted in the Dane County Advocates for Battered Women Newsletter, in 1995. Edited and reprinted as "Adolescent Battered Women in the USA" in the National Coalition Against Domestic Violence's NCADV Voice, winter, 1995. Article is a regular component of training packets for educators on dating violence.

Worcester, Nancy, 1995, "Health System Response to Battered Women: Our 'Successes' Are Creating New Challenges" in the National Women's Health Network's Network News, March/April, p.1 & 5-7. *Chosen for publication in the 1996 National Coalition Against Domestic Violence Conference Manual.

Worcester, Nancy and Whatley, Mariamne H., 1996, Policy Paper: "Strategies for Women's Health Prevention: Developing Policies to Shift the Emphasis to Earliest Health Promotion" prepared for the August 1996 Canada-USA Forum on Women's Health organized by the Office of Women's Health (OWH), US Public Health Service, and the Canada Minister of Health. (The paper is internationally available on the US Public Health Service Web Site at <http://www.hwc.ca/canusa/>.)

Narrigan, Deborah, Zones, Jane Sprague, Worcester, Nancy and Grad, Maxine Jo, 1997, "Research to Improve Women's Health: An Agenda for Equity," in Ruzek, Sheryl Bert, Olesen, Virginia L. and Clark, Adele E., WOMEN'S HEALTH: COMPLEXITIES AND DIFFERENCES, Ohio State University Press, pp. 551-579.

Whatley, Mariamne H. and Worcester, Nancy, 1998, Independent Study Course Guide for Women's Studies 103: Women and Their Bodies in Health and Disease, published by UW-Extension as the course guide for the 3 credit university course by correspondence.

Worcester, Nancy, 1999, "The Important Role Health Practitioners Can Play Recognizing and Responding to Battered Lesbians," in the Wisconsin Coalition Against Domestic Violence Newsletter, summer.

Worcester, Nancy, 1999, "The Roles of Schools in Responding to Domestic Violence and Dating Violence," in Wisconsin Coalition Against Domestic Violence Newsletter, fall.

Worcester, Nancy, 2001, "What Is the Battered Women's Movement Saying about Women Who Use Force?" in the Wisconsin Coalition Against Domestic Violence Newsletter, spring.

National Women's Health Network Writing Group (Cynthia Pearson, Amy Alina, Adriane Fugh-Berman, Jane Zones, Nancy Worcester, Mariamne Whatley, and Charlea Massion), 2001, "Manufacturing Need, Manufacturing 'Knowledge' " article in press.

BOOK REVIEWS AND MINOR PUBLICATIONS

Worcester, Nancy, 1984, "Book Reviews: WOMEN IN DEVELOPMENT (Resource Guide) and THE SISTERHOOD OF MAN (The Impact of Women's Changing Roles on Social and Economic Life Around the World)" in Women's Health Information Center Newsletter (London), spring.

Worcester, Nancy, 1986, "An Interview with Margaret Randall," in Ada James Women's Center Newsletter (Madison, WI.), spring.

Worcester, Nancy, 1986, "Women are Sick and Tired of Being Sick and Tired" in Ada James Women's Center Newsletter (Madison, WI.), winter.

Worcester, Nancy, 1987, "Profit Motive Prevails in Health Care for Women" in The Daily Cardinal (Madison, WI.), March 9.

Worcester, Nancy, 1987, "When Was Your Last Pap Smear? - Book Review of IN THE PATIENT'S BEST INTEREST" in Sojourner - The Women's Forum, Vol. 12, No. 11 (July), pp. 37, 40-41.

Worcester, Nancy, 1992, "Women's Health [Movement] Is Alive and Well" in Feminist Voices (Madison Women's Newspaper), February, p. 5.

Worcester, Nancy, 1994, "Women's Studies Outreach: Rewards, Challenges, and Contradictions," in the UW-Madison Women's Studies Research Center's Voices from the Attic, volume 15, #2, May, pp. 1, 6-7. (Article was reprinted in the UW-System Women's Studies Consortium Newsletter, Consortium Connections, spring, 1996.)

PUBLICATIONS BEFORE EMPLOYMENT AT UW-MADISON

WOMEN AND HEALTH PUBLICATIONS

Worcester, Nancy, 1972, "Women: Science and Society" in Science for People (England), December.

(Worcester was a part of) The Editorial Collective of "Women and Science" 1975, special issue of Science for People (England), Spring. (The London Women and Science Group wrote all articles collectively and produced this special issue.)

Worcester was a part of the Editorial Collective of the Politics of Health Group (England) Newsletter, 1980-1983. (I helped set up this newsletter and was involved in all aspects of planning and producing the newsletter.)

(Worcester was a part of) The Women and Science Collective, 1981, "Women and Science," in No Turning Back, Women's Press, London, pp. 180-187.

(Worcester was a part of) The Women and Food Working Group of the Politics of Health Group, 1981, "Women and Food Broadsheet" paper from the Social Causes of Women's Ill Health Conference, London, November.

Worcester was the convener for the Newsletter Editorial Group of the Women's Health Information Center Newsletter, London. (I was responsible for setting up this newsletter and editing it in 1983.)

Worcester, Nancy, 1983, "Book Review - THE EXPERIENCE OF INFERTILITY" in Women's Health Information Center Newsletter (London), autumn.

Worcester, Nancy, 1983, "The Politics of Women's Health" in Caldecott, Leonie and Leland, Stephanie, Reclaim the Earth: Women Speak Out for Life on Earth, Women's Press, London, pp. 46-58.

Worcester, Nancy, 1983, "Women and Health" for Women in Britain Exhibition organized by the British Council for exhibition in many countries, winter.

Mitchell, Jeanette, (with help from Nancy Worcester and Gene Feder) 1984, What Is To Be Done - About Health Care? Penguin Books, London.

WOMEN AND HEALTH IN CHINA PUBLICATIONS

Worcester, Nancy, 1978, "Diets for People" in China Now (England), December.

Osborne, Ray and Worcester, Nancy, 1978, "Handicapped in China" in China Now (England), December.

(Worcester was a part of) The Editorial Collective of "The People's Health Service in China," 1978, Special Issue of China Now (England), December.

Worcester, Nancy, 1982, "Nutritional Patterns in Europe and China" in China, Agriculture and the West: Feeding the People, Europe-China Association, Brussels.

Worcester, Nancy, 1982, "Health from the Kitchen" in China, Agriculture and the West: Feeding the People, Europe-China Association, Brussels.

Worcester, Nancy, 1983, "Diet and Nutrition in the People's Republic of China," in Hillier, S. M. and Jewell, J.A., Health Care and Traditional Medicine in China, 1800-1982, London: Rutledge and Kegan Paul, pp. 408-425.

Worcester, Nancy, 1984, "Book Reviews - CHINESE WOMEN SINCE MAO and THE UNFINISHED LIBERATION OF CHINESE WOMEN 1949-1980" in China Now (England), Spring.

Worcester, Nancy, 1985, "Book Reviews - THE HEALTH OF CHINA AND CHINESE WOMEN SINCE MAO" in Women's Health Information Center Newsletter (England), Spring.

WOMEN AND HEALTH IN CUBA PUBLICATIONS

Worcester was a part of the Editorial Collective for the Britain-Cuba Resource Center Newsletter (England), 1980-1982.

Johnson-Newell, Tim and Worcester, Nancy. 1981, "Food and Agriculture in Cuba," in Science for People (England), Autumn.

Worcester, Nancy, 1981, "Health in Cuba" in Britain-Cuba Resource Center Newsletter (England), September.

(Worcester was a part of) The Editorial Collective of THE CUBA FILE, a collection of papers on health in Cuba written by six members of the Health Study Tour to Cuba, 1981. (Distributed by the Politics of Health Group, England)

Worcester, Nancy, 1982, "Book Review - WOMEN IN CUBA: 20 YEARS LATER" in Britain-Cuba Resource Center Newsletter (England), May/June.

Worcester, Nancy, 1982, "Book Reviews - THE TRIPLE STRUGGLE: LATIN AMERICAN PEASANT WOMEN and SLAVES OF SLAVES: THE CHALLENGE OF LATIN AMERICAN WOMEN" in Britain-Cuba Resource Center Newsletter (England), July/Aug.

SCIENTIFIC PUBLICATIONS

Bruckdorfer, K.R., Worcester, N.A. and Yudkin, J., 1974, "The Effect of Dietary Sucrose on the Plasma Lipids and on the Liver of the Spiny Mouse," in Proceedings of the Nutrition Society (33) 4A.

Worcester, N.A., Bruckdorfer, K. R., and Yudkin, J., 1975, "The Effect of Dietary Sucrose and Dietary Cholesterol on Hyperlipidaemia and Atherosclerosis in White Leghorn Cockerels," in Proceedings of the Nutrition Society (34) 81A.

Worcester, N.A., Bruckdorfer, K.R., and Yudkin, J., 1975, "The Effect of Dietary Sucrose and Dietary Fats on Hyperlipidaemia and Atherosclerosis in White Leghorn Cockerels," in Proceedings of the Nutrition Society (34) 82A.

Worcester, N.A., Bruckdorfer, K.R., and Yudkin, J., 1975, "The Effect of Dietary Sucrose on Lipid Metabolism in Dutch Belted Rabbits," in Proceedings of the Nutrition Society (34) 124A.

Worcester, N.A., Bruckdorfer, K. R., and Yudkin, J., 1975, "The Effect of Dietary Sucrose and Hydrogenated Coconut Oil on Atherosclerosis in Dutch Belted Rabbits," in Proceedings of the Nutrition Society (34) 125A.

Price, R.J., Kang, S.S., Bruckdorfer, K.R., Worcester, N.A., and Yudkin, J., 1977, "Renal Damage in Rats Caused by Long Term Feeding of Sucrose-Rich Diets," in Kidney International, (12) 447-448.

Worcester, N.A., Bruckdorfer, K. R., Wilkins, A.J., Mann, J.A., and Yudkin, J., 1979, "The Influence of Diet and Diabetes on Stearoyl Coenzyme A Desaturase Activity and Fatty Acid Composition in Rat Tissues," in British Journal of Nutrition, (41) 239-252.

GENERAL NUTRITION PUBLICATIONS

Worcester, Nancy, 1978, Nutrition sections (20,000 words) of EVERYMAN'S ENCYCLOPEDIA, (London) 6th edition.

Worcester, Nancy, 1979, "General Nutrition" in Westberg, Marita Eat Well, Live Longer: Manual for a Healthy Heart, Quartet Books, London, pp. 7-21.

Worcester was a part of the Editorial Collective of Food and Politics (London), 1979-1981. (Food and Politics was produced by a group of nutritionists. I was involved in setting up the journal and collectively writing three issues.)

Worcester, Nancy and Newman, Rhona, 1982, A Pocket Book on Slimming, Octopus Books, London.

Worcester, Nancy, 1982, "Nutrition and Menopause" research prepared for health education pamphlets on menopause published by the Health Education Council, England.

TEACHING AND ORGANIZING

See separate reports "WOMEN'S STUDIES OUTREACH TEACHING AND ORGANIZING" for recent teaching and organizing summary. Worcester regularly gives presentations and keynote addresses for state and national conferences, organizes numerous statewide workshops and presentations on a wide range of Women's Studies and domestic violence topics, and actively serves on many university, local, and statewide committees. Annual Women's Studies Outreach Reports summarize these activities.

On behalf of the WISCONSIN DOMESTIC VIOLENCE TRAINING PROJECT, founded by Worcester in 1991, Worcester has organized and presented more than 500 training activities (state, regional and local trainings and conferences, and presentations at national conferences) reaching more than 30,000 professionals.

HEALTH STUDY TOURS

Health in Nicaragua - Represented the Wisconsin Coordinating Council on Nicaragua at the Second USA-Nicaragua Health Colloquium in Managua, Nicaragua, October, 1984.

Study Tour to China (March, 1983) - Leader of this one month study tour for 24 women from Britain. This tour was hosted by the All-China Women's Federation. I convened a subgroup to specifically study women's health issues.

Study Tour to Grenada (January, 1983) - Involved in organizing this one month study tour, for four people, to look at health, education, and the role of women in Grenada and to work at setting up future study tours to Grenada. I arranged for health education materials to be sent to Grenada from Britain and was asked to write health education materials and to organize and facilitate health education trainings for the Ministry of Health and the National Teachers' Training Program.

Health and Social Services Study Tour to Cuba (March, 1981) - I organized this three week tour for 30 British health and social service workers. (This was the first study tour from Britain to go to Cuba.) In conjunction with this, I organized three study week-ends (in London) on health in Cuba and spoke regularly on the topics of women and health in Cuba.

Health Study Tour to China (March 1978) - Co-leader of this one month study tour for 24 health workers from Britain. In conjunction with this, I prepared a slide show on women in China for the Society for Anglo-Chinese Understanding and spoke regularly on the Chinese health care system.

EXAMPLES OF NATIONAL PROFESSIONAL SERVICE

National Women's Health Network - Board Member 1986-1994, and re-elected 1996-2000. The only national membership (12,000+ members) organization devoted to the full range of women's health issues.

- Chair of the Board, June, 1988 - July, 1989 - I oversaw all aspects of the organization, on a daily basis, through a very difficult financial time. I wrote all the major fundraising letters for 1988, 89, and 90.
- Co-Chair of the National Health Plan Committee, 1986 - 1994.
- Chair of the Domestic Violence Committee, 1990 - 1994.
- Chair of the Publications Committee, 1986-1988 + June 1990-1994. (This means I oversaw all publications including chairing the editorial committee which edits the bi-monthly publication, Network News.)
- Chair of the Clearinghouse Committee, 1997-98, a one year national committee to evaluate and plan the future of the branch of the Network which serves the public.
- Member, Hormone Education Committee, 1996-2000.

SOCIETY FOR MENSTRUAL CYCLE RESEARCH - Have served on the Board of Directors for this organization since June, 2000.

**APPEARS THIS WAY
ON ORIGINAL**